

The Diocese of East Carolina's Racial Healing Commission recommends the following training options for racial education training. These options are open for all members of the Diocese of East Carolina, not just clergy.

- Becoming Beloved Community: Understanding Systemic Racism- [ChurchNext](#)
 - This is a video based online training. There are 6 modules. Each module includes a 25 minute video and a self assessment.
 - This training is good for people who want to have a basic understanding of racial healing in the church.
- Dismantling Racism- [Absalom Jones Center for Racial Healing](#)
 - This is an all day training over Zoom. Training is offered twice a month.
 - There is a small cost of \$50. And no more than 6 people from each parish may register per session.
 - This training is good for people who want to have a basic understanding of racial healing in the church.
- Diocesan Anti-Racism Training- [Diocese of North Carolina](#)
 - This training is over Zoom.
 - There is a suggested donation of \$15.
 - This training is good for people who want to have a basic understanding of racial healing in the church.
- Anti-Racism Training- [Diocese of New Jersey](#)
 - This training is multiple nights over Zoom.
 - It is \$100.
 - This training is good for people who want to go in depth with learning about racial healing in the church.
- [Sacred Ground](#)
 - This is an eleven-week course that typically meets every other week. It can be in person or on Zoom. A number of churches and the Racial Healing Commission have offered the course. Look for notice of the next offering in News and Notes
 - Most of the materials are provide online by the national Episcopal Church; however, each student needs to purchase [Waking up White](#) by Andrea Stuart and [Jesus and the Disinherited](#) by Howard Thurman
 - This is less of a training and more of an intensive. It takes a deep commitment of time and energy to really think about racial healing in your life.

All of these training options will allow participants to think about racial injustice in the world. These trainings are different from something offered at your community college, or other institution, because these have a module on the Episcopal Church's role in racial disparity and how we can heal. Besides more knowledge, we hope these trainings will start or continue a conversation in and around your church. The conversations will be what helps us tell our stories and promote healing.

These trainings will satisfy the requirements of church [resolution 2018-A045](#).